



*Dr.*

**CAROLYN EDWARDS, PH.D**

Silent Cry Coaching and Consulting  
Professional Life Coach & Consultant

[www.DrCarolynEdwardsPhD.com](http://www.DrCarolynEdwardsPhD.com)



*Hi!*

**My name is Dr. Carolyn Edwards of  
Silent Cry Coaching and Consulting.**

I have over 35 years of experience assisting clients in finding holistic paths to freedom. I am finding out that so many people have been secretly violated. The extreme pain of internalizing the hurt has paralyzed their future success.

I have a mandate to uncover the jewel that you are! My mission is to reverse the belligerent words that have been spoken over you.

My goal is to help you move the hands on your biological clock.

Time is ticking, you can transfer from being a victim to being a **VICTOR!**

There are 12 steps to a newer you that I'm anxious to share.

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# EDUCATIONAL CREDENTIALS



**Hope Bible Institute and Seminary,**  
*Doctor of Philosophy in Pastoral Counseling*

**Laborers for Christ Institute Seminary College,**  
*Certified Practical Counseling Coach Training*

**Alliance Institute,**  
*Certified Professional Coach*

## BIO



### *Dr.* **CAROLYN EDWARDS, PH.D**

I am a professionally certified life coach, entrepreneur and busy mom who knows the struggle of trying to balance a career and family. In my coaching practice, I provide the tools, strategy and support to help people create meaningful change in their lives.

I have been interested in helping people overcome challenges and expand their experiences for over (25) years. My interest in freeing people, comes from a past filled with physical and mental abuse, depression, anxiety, molestations, rapes and divorces. I take pleasure in having a career of assisting individuals find their purpose.

I coach the common person, executives, professionals and individuals to grow and maximize their strengths, reach their potential, and achieve results. I travel speaking to crowds, inspiring them to reach their maximum potentials. I train and provide strategies to a diverse group of people who want to be their best selves. I lead a variety of coaching and consulting workshops where I teach tools to increase confidence, motivation, and achieve goals. I work on leadership coaching with small and large groups, and I work with people one on one to help them find new careers, balance their lives, improve their relationships, work more effectively, clarify and reach their goals, and be their best.

My passion for holistic health and personal transformation led me to believe that each person was born for a greater cause. I discovered coaching while studying to become a counselor. Many people have been able to improve their lives through the process of coaching. My background and training in spiritual counseling gives me an added advantage as a coach. I expanded my individual coaching to include team building and visioning as well as leadership training. My techniques are current and many millennials continue to seek for my services. My skills are proven to be resourceful and an asset to all ages. I've held leadership roles in behavior therapy for 10+ years.

My husband, Lyle, and I have been married for 15 years and have several children. When I'm not coaching, teaching, or leading river rafting retreats, I'm studying to be a better me, it is my main goal to live a balanced life.

# ABOUT SILENT CRY COACHING & CONSULTING

**Silent Cry Coaching & Consulting** seeks to provide information that will bring precision and clarity concerning your needs. We offer strategic tools of freedom and empower individuals who have been victims of mental, physical, psychological and emotional abuse.

*services:*

- Professional Life Coaching & Consulting
- Counseling
- Empowerment Speaking
- Author



# Contact

## For Booking and All Other Inquiries:



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